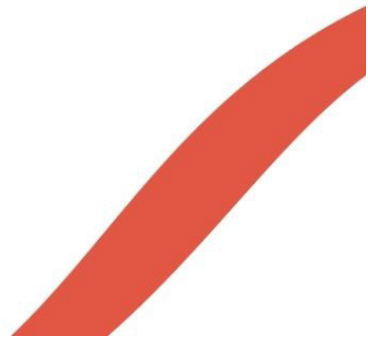
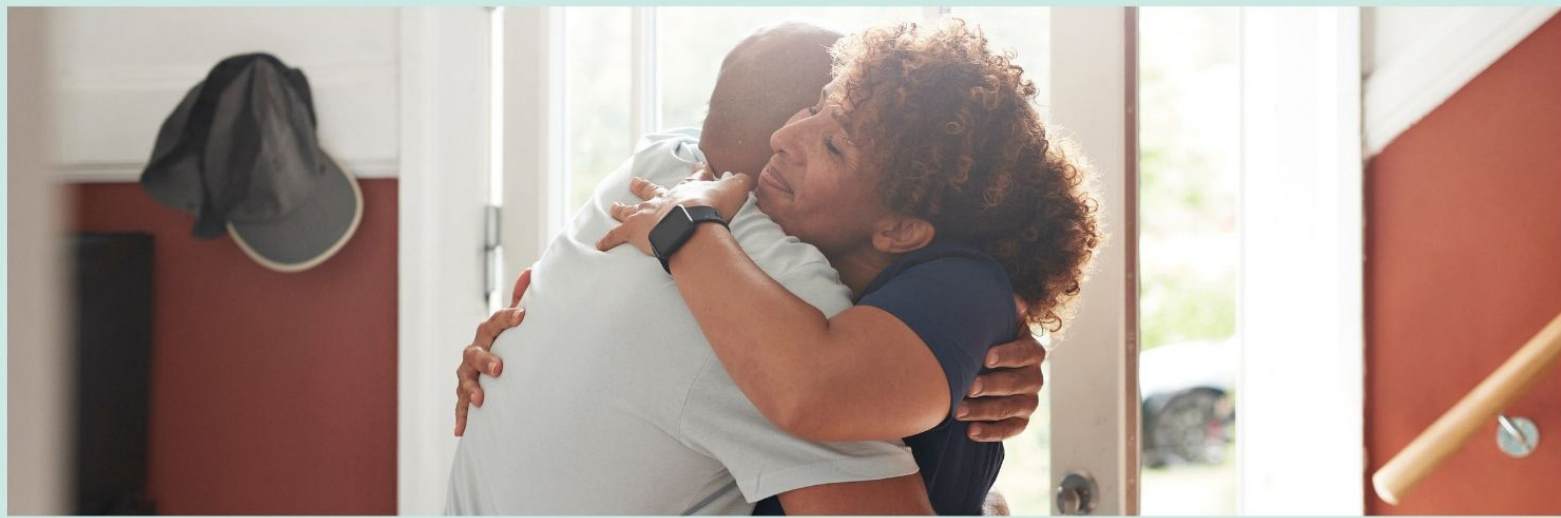


Your 2022 impact





A message from Bob and Karen

As part of our Parkinson Canada community, you inspire and empower people with Parkinson's to thrive.

Parkinson's is the world's fastest growing neurological disorder, with the number of Canadians diagnosed each day expected to rise from 30 to 50 in less than a decade. From growing wait lists for diagnosis and care, to a lack of Parkinson's informed healthcare providers, the challenges facing Canadians with Parkinson's today are greater and more complex than ever.

With your support – your generosity, advocacy and volunteerism – we are here for Canadians impacted by Parkinson's, just as we have been since 1965.

People with Parkinson's will always be at the centre of everything we do. That's why I'm thrilled to join the Chair of our Parkinson Advisory Council, Bob Kuhn, in sharing what you helped us accomplish for the Parkinson's community in our 2022 Impact Report.

Whether you are a donor, a volunteer or a passionate advocate, your partnership is what enables us to create profound, long-term impact for people across Canada. Because we know that with the right supports in place, living well with Parkinson's is still possible.

Thank you for your compassion and generosity.



Karen Lee, PhD
President & CEO
Parkinson Canada



Bob Kuhn
Chair
Parkinson Advisory Council

2022 – A year of collaboration & innovation

Every dollar invested, every hour volunteered, and every message of support brought us closer to the future we envision: one in which every person living with Parkinson's in Canada is empowered and inspired to live well. It's a future we're creating together. And we can't thank you enough.

Here are just a few incredible ways our community of donors, partners, volunteers and champions impacted people with Parkinson's across Canada in 2022:

- **You helped us partner and collaborate to drive research innovation** that provides hope for people with Parkinson's by awarding more than \$1.6 million in research funding.
- **You impacted more people on their Parkinson's journey** with the launch of the first-ever Canadian Edition of Every Victory Counts, providing tools and inspiration to help people live well.
- **You raised the voice of people with Parkinson's**, enabling us to delve deeper into our Provincial Advocacy Roundtable Reports to gain valuable insights that are driving our advocacy efforts.

I hope you will explore the full impact of our generous community in 2022 by visiting [impact.parkinson.ca](https://www.parkinson.ca/impact).

You make all of this possible. Thank you for investing your time, donations and trust.



Veeral Khatri
Chair
Board of Directors



Thanks to generous supporters, we work to empower the Parkinson's community through tailored support, innovative research and raising the voice of all those impacted by Parkinson's.

Tailored support

More than 10,000 Canadians impacted by Parkinson's benefited from our many free, accessible and tailored programs and services last year, thanks to your support. We launched our Health and Wellness Program and Wellness Advisory Council, fostering innovative partnerships that enabled us to bring a wide variety of wellness and exercise programs to more people with Parkinson's. Learn more about how we supported Canadians in 2022 at impact.parkinson.ca.

Innovative research

We leaned into our role as a connector and collaborator within the Parkinson's community, co-hosting roundtable discussions with the Michael J. Fox Foundation and Parkinson's UK. We also increased funding to the Canadian Open Parkinson Network, funded fellowships to grow the next generation of Parkinson's specialists in Canada, and launched our first-ever research competition including people with Parkinson's as Lived Experience Expert Reviewers. Learn more about our investment in research in 2022 at impact.parkinson.ca.

Raising your voice

Wait times and diagnosis are some of the biggest challenges faced by Canadians with Parkinson's, with some waiting up to four years for a diagnosis. In 2022, we hosted a session with the Parkinson's community to identify challenges and brainstorm solutions for accessing care in Canada. Collaborative efforts like this are key to inspiring practical solutions that will result in faster diagnosis, shorter wait times for care, and stronger networks of Parkinson's informed care within communities. Learn more about our advocacy in 2022 at impact.parkinson.ca.

Your impact by the numbers



8,000+ community support group attendees across the country

8,000+ people reached through our webinars



\$2,013,572 raised through community events



\$1,631,154 in research funding awarded



5,560 digital resource downloads



23 research grants awarded



4,000+ calls and emails answered



2,700 event participants



68,000+ generous donors

Your generosity in action

In 2022, Parkinson Canada's incredible community of donors, volunteers and supporters came together to empower Canadians with Parkinson's to thrive. Here, we have put the spotlight on a few of the champions who made a difference and achieved major milestones in their support of the Parkinson's community.



The women who make it possible

In 2022, Deb Voorheis and Carlota Lee launched Women for Parkinson's, a national network of dynamic and influential women coming together to raise their voices and fundraise for better treatment and research. The inaugural Women for Parkinson's events last year raised more than \$60,000 and created greater awareness of the unique challenges Parkinson's poses to women. We are grateful for your boldness, leadership and generosity.



A family gives back

When Jack Sinclair was diagnosed with Parkinson's (Lewy Body dementia) at the age of 65, the Sinclair family turned to Parkinson Canada for support. Our Information and Support team spent time with the family discussing the disease, what to expect and how to help manage the symptoms. So, even after Jack's passing 14 years later, the Sinclair family continues to support Parkinson Canada substantially with monthly donations. Their generosity and resilience are inspiring.



A challenge to ride and help out

Last year, the 8th annual Growling Beaver Brevet in Collingwood wrapped up with cyclists and sponsors contributing more than \$358,000 in support of Parkinson Canada. Evan Siddall, diagnosed with Parkinson's in 2014, co-founded the annual cycling event in 2015, inviting people to raise funds and live well. Mark your calendar for the 9th annual event on September 30, 2023, where you can join Evan to raise funds, ride and enjoy the camaraderie of this vibrant community.



A lasting legacy

Mary-Lou Henderson was a talented nurse and loving wife who lived with Parkinson's for many years before passing in April 2020. She was an energetic leader who moved mountains to improve the health of her fellow Canadians, both in life, helping establish Home Care Ontario – and in passing, by leaving a gift in her Will to Parkinson Canada. We are grateful to Mary-Lou for caring so deeply about the future of people with Parkinson's. Her generosity and foresight will have an impact for many years to come.

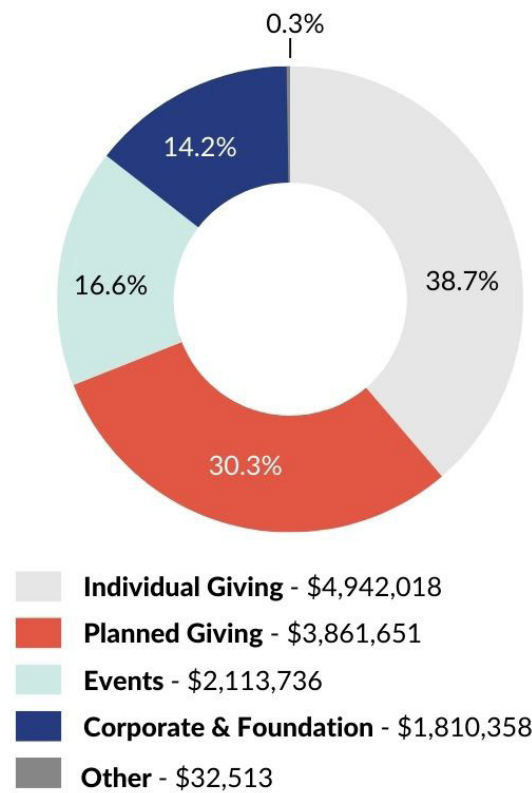
Your generosity by the numbers

We value your gift, and we make sure it goes as far as possible for people living with Parkinson's.

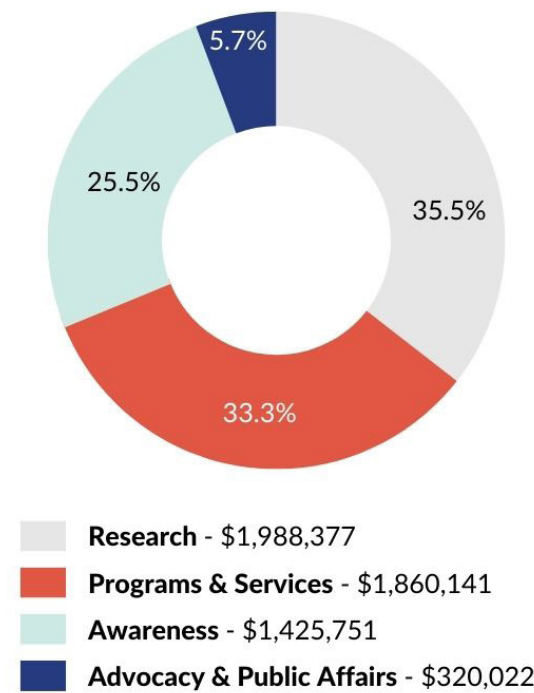
Our leadership

Thank you to these inspiring volunteers who helped guide our 2022 initiatives.

We raised



We invested



For a detailed Statement of Financial Position as of December 31, 2022, please visit impact.parkinson.ca

Completed audited financial statements for the year ended December 31, 2022 are available upon request and on our website. If you have any questions about how we fundraise, please contact us at 1-888-664-1973.



Board of Directors

- Veeral Khatri
- Laura Edgar
- Dr. Karen Lee
- Marlin Stangeland
- Joseph Bartlett
- Daphne FitzGerald
- Dr. Wendy Horbay
- Margaret Hanlon-Bell
- Sprague Plato
- Judi Richardson
- Michael Rothe
- Dr. Antonio P. Strafella



Parkinson Advisory Council

- Larry Linton
- Sprague Plato
- Robert Kuhn
- Hugh Crosthwait
- Liz Loewen
- Manon Day
- Sharanjeet Kaur
- Steven Iseman
- Joe Van Koeverden
- Lloyd Cowin
- Dan Steele
- Bob de Wit
- Brock Carlton
- Caroline Thornton
- Chuck Bridges
- Jon Affleck
- Mona Baumgarten



Research & Clinical Advisory Committee

- Dr. Martin McKeown
- Dr. Wendy Horbay
- Dr. Richard Camicioli
- Dr. Susan Fox
- Dr. Jennifer G. Goodman
- Dr. Heidi McBride
- Dr. Tiago A. Mestre
- Dr. Julie Nantel
- John Parkhurst
- Dr. Ronald Postuma
- Dr. Heather Rigby
- Dr. Angela Roberts
- Dr. Vesna Sossi
- Dr. Antonio P. Strafella
- Dr. Stephen Workman
- Yu Yan Poon, RN

Parkinson Canada is proud to be accredited with the Imagine Canada Standards Program, which holds us to the highest standards of ethical and financial accountability. The Standards Program Trustmark is a mark of Imagine Canada used under license by Parkinson Canada.



To learn more, please visit impact.parkinson.ca

Our community of supporters is growing, and so is our collective impact.

To learn more about your impact or to make a donation:

- 📞 1-888-664-1973
- ✉️ donate@parkinson.ca
- 🌐 parkinson.ca/donate



For more information about Parkinson's and available support:

- 📞 1-888-664-1974
- ✉️ support@parkinson.ca
- 🌐 parkinson.ca

Explore the full impact of our generous community by visiting impact.parkinson.ca, or by scanning the **QR code** below with your smartphone.

