



VOLUNTEER OPPORTUNITY

Co-Facilitator – Parkinson Support Group in St. Catharines, Ontario

Parkinson Canada is the voice of Parkinson's disease in Canada. Our purpose is to transform the lives of people living with Parkinson's. We do this through research leading to better treatments and the end of Parkinson's, advocacy bringing the voices of Parkinson's to the forefront and support that helps people live well with Parkinson's through education and services. A national registered charity, Parkinson Canada fulfils its mission through the generosity of donors and is an accredited organization under the Imagine Canada Standards Program.

We are looking for a volunteer(s) to co-facilitate a monthly Living with Parkinson's Support Group in St. Catharines, Ontario. This group meets once a month, on the 4th Wednesday, from 1:30pm-3:30pm.

What we need

We seek a volunteer who can provide education and support at monthly group meetings to persons with Parkinson's, members of their families, and/or their caregivers in dealing with the challenges of living with the condition. The support group facilitator provides current information on Parkinson's disease and encourages group members to share experiences, exchange ideas and knowledge about coping and living well with Parkinson's disease.

Your contribution

Facilitate monthly support group meeting, including planning and sourcing speakers as required.

What is needed to succeed in this role

- Experience in facilitation of support groups or meetings an asset;
- Interest in learning about Parkinson's;
- Comfort and ability to discuss issues regarding Parkinson's;
- Active listening and communication skills;
- Sensitivity and compassion;
- Strong organizational skills;
- Background in nursing, social work, physiotherapy, speech language pathology, and/or other medical aspect of Parkinson's disease an asset but not necessary.

Time Commitment:

- 3-5 hours per month, (includes two hour meeting and one hour preparation time) for a minimum of one year.
- Training will be provided.

If you are passionate about applying your knowledge, skills and experience to make a tremendous difference in the lives of Canadians living with Parkinson's, please submit your résumé, quoting reference **SGCF-Niagara** to Paul.Scibetta@parkinson.ca.