

Join Us!

 Parkinson Canada

Dance for Parkinson's Network Canada April Open House Classes

**** Please RSVP the site you plan to attend by phone or email****

Name of program: Move Free

Address: Knox Presbyterian Church, 197797 Grey Road 7, R.R. #4, Meaford ON N4L1W7

Phone Number: 519 538-1852

Email: lstewartpotts@sympatico.ca

Date(s) of Open House: Thursday, April 11th

Time of class(es): 10:15am - 11:30 am

Name of program: Dance for People with Parkinson's Disease

Address: Conservatory Pond Retirement Residence, 1499 Stoneridge Drive, Kingston,
ON K7M 9H9

Phone Number: 613-453-6651

Email: parkinsonsdance.kingston@gmail.com

Date(s) of Open House: Tuesday, April 2nd, Tuesday, April 9th and Tuesday, April 16th

Time of class(es): 10:00am – 11:00am

Name of program: Parkinson en Mouvement

Address: Belgo Building, 372, St. Catherine Str. West, Studio 122, Montreal, PQ

Email: parkinsonenmouvement@gmail.com

Date(s) of Open House: Monday, April 15th

Time of class(es): 4:00pm

Name of program: Dancers with PD

Address: ONE Movement Dance Centre, 89 Main St., Cambridge, ON N1R 1W1

Phone Number: 1-519-716-4330

Email: dancerswithpd@gmail.com

Date(s) of Open House: Wed. April 10th

Time of class(es): 1:30-2:30 pm followed by social time

1 800-565-3000

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Charitable number: 10809 1786 RR0001

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**** Please RSVP the site you plan to attend by phone or email****

Name of program: Dancers with PD

Address: The Dance Class, 8750 Regional Road 25, Milton, ON L9T 2X7

Phone Number: 1-289-851-8655

Email: klgreen@sympatico.ca

Date(s) of Open House: Tuesday April 9th

Time of class(es): 1:00-2:00 pm followed by social time

Name of program: Park'n Dance

Address: Harcourt Memorial United Church, 87 Dean Avenue, Guelph, ON

Phone Number: (519) 763-3549

Email: parkndance@gmail.com

Date(s) of Open House: **Thursday**, April 18th

Time of class(es): Welcome 1:15pm-1:30pm; Class from 1:30pm-2:30pm; Social Time with light refreshments: 2:30pm-3:00pm.

Name of program: Tea And Tango

Address: Fort Massey United Church, lower hall, 5303 Tobin St. Halifax, NS.

Phone Number: 902-492-3903

Email: teaandtango@icloud.com

Date(s) of Open House: April 24th

Time of class(es): 2-3:30pm

Name of program: Durham Dance for Parkinson's

Address: Harmony Hills Retirement Community, 1335 Benson Street , Oshawa, ON

Phone Number: 416-409-9364 or 905-425-2828

Email: catherine@durhamdanceforparkinsons.ca or admin@primadanceacademy.ca

Date(s) of Open House: Any Tuesday in April

Time of class(es): 10:30-11:45 a.m.

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**** Please RSVP the site you plan to attend by phone or email****

Name of program: Durham Dance for Parkinson's

Address: Port Hope Northumberland Community Health Centre, 99 Toronto Street,
Port Hope, ON

Phone Number: 416-409-9364 or 905-425-2828

Email: catherine@durhamdanceforparkinsons.ca or admin@primadanceacademy.ca

Date(s) of Open House: Any Wednesday in April

Time of class(es): 11:00 a.m. -12:15 p.m.

Name of program: Durham Dance for Parkinson's

Address: The Abilities Centre, 55 Gordon Street, Whitby, ON

Phone Number: 416-409-9364 or 905-425-2828

Email: catherine@durhamdanceforparkinsons.ca or admin@primadanceacademy.ca

Date(s) of Open House: Any Thursday in April

Time of class(es): 1:30 - 2:45pm

Name of program: Gentle Moves

Address: 112 Collier Street Barrie, ON

Phone Number: 705 716 5669

Email: whatdancecando@gmail.com

Date(s) of Open House: Monday, April 1st

Time of class(es): 10:00 - 11:30am

Name of program: Gentle Moves

Address: Waterfront Visitors Centre, 50 Centennial Drive, Orillia, ON

Phone Number: 705 716 5669

Email: whatdancecando@gmail.com

Date(s) of Open House: Tuesday, April 2nd

Time of class(es): 10:00 - 11:30am

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**** Please RSVP the site you plan to attend by phone or email****

Name of program: Dance for PD Classes – British Columbia

Address: Place des Arts, Coquitlam, BC

Phone Number: 604-313-0660

Email: meganwstraight@gmail.com

Date(s) of Open House: Tuesday April 9th

Time of class(es): 10:15 – 11:15am, Tea/ Coffee and cookies to follow

Name of program: Dance for PD Classes – British Columbia

Address: West Vancouver, BC

Phone Number: 604-313-0660

Email: meganwstraight@gmail.com

Date(s) of Open House: Thursday April 11th

Time of class(es): 1 – 2pm, Tea/Coffee and cookies to follow

Name of program: Sharing Dance Parkinson's

Address: Canada's National Ballet School, 400 Jarvis Street, Toronto, ON

Phone Number: 416-964-3780 ext. 2160

Email: rbar@nbs-enb.ca

Date(s) of Open House: (please contact directly for the exact date/time in April)

Time of class(es): TBD

Name of program: Hamilton City Ballet's Dance for Parkinson's

Address: St. Paul's United Church, 29 Cross Street, Dundas, ON

Phone Number: Jody White Van de Klippe - 289-238-9855

Email: danceforparkinsons@gmail.com

Date(s) of Open House: Monday April 15, 2019, 11:00am-12:15pm (part of our regularly scheduled spring season)

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**** Please RSVP the site you plan to attend by phone or email****

Name of program: Sharing Dance Parkinson's

Address: Canada's National Ballet School, 400 Jarvis Street, Toronto, ON

Phone Number: 416-964-3780 ext. 2215

Email: nlehan@nbs-enb.ca

Date(s) of Open House: Tuesday, April 9th

Time of class(es): 10-11am

Name of program: Move Free

Address: The Centre Fitness Squash Wellness, 90 High St. Collingwood, ON L9Y 4K2

Phone Number: 705-444-7824

Email:

Date(s) of Open House: Monday, April 8th

Time of class(es): 1:30pm - 2:45pm

Name of program: The School of Dance 'Connecting with Dance'

Address: Dovercourt Recreation Centre - 411 Dovercourt Ave. - Carling Motors Room
Ottawa, ON K2A 0S9

Phone Number: 613-238-7838

Email:

Date(s) of Open House: Wednesday, April 10th

Time of class(es): 1:00-2:00pm

Name of program: Dance for People with Parkinson's Disease

Address: Conservatory Pond Retirement Residence, 1499 Stoneridge Drive, Kingston,
ON

Phone Number: 613-453-6651

Email: parkinsonsdance.kingston@gmail.com

Date(s) of Open House: Tuesday, April 30th

Time of class(es): 10-11am

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