

ADDRESSING PARKINSON'S DISEASE

PREVALENCE

Parkinson's is the **fastest-growing** neurological condition in the world

Parkinson's is the **most prevalent** neurodegenerative movement disorder

Global prevalence of Parkinson's is expected to double by 2040 from 6 million to **12 million**

100,000 Canadians have Parkinson's

Researchers call Parkinson's a **"pandemic"** due to the growing prevalence in all regions around the world

Number diagnosed with Parkinson's will be **50+ every day** in Canada by 2031

COST



Economic burden of Parkinson's disease in Canada is **\$1.21 billion**.



Parkinson's has one of the **highest direct healthcare costs** annually of any neurological disease.

45% of people with Parkinson's and care partners in Canada report it is **difficult to pay** for medical expenses related to the treatment of Parkinson's. Next to medication, **exercise** is the highest-used therapy for symptom management.

GETTING CARE

Average **wait time** to see a specialist for diagnosis of Parkinson's in Canada is **11 months** and in some regions the wait is 2+ years

3 in 5

believe regular appointments with specialists will help them live better with Parkinson's

1 in 5

report lack of access to specialists as a barrier to receiving the care they need

3 in 5

report wait times to specialists as poor or very poor

Non-motor Parkinson's symptoms are reported as having the most **negative impact** on quality of life. These symptoms include: changes in cognition and memory, fatigue, sleep disturbances, anxiety and depression.

THE PLAN

Parkinson Canada asks the Government of Canada to fund a plan to address Parkinson's disease by:

1. Investing \$30 million to expand and grow the Canadian Open Parkinson Network (C-OPN). C-OPN will include: a patient registry; diagnostic database; collection of anatomical and functional measurements; and, a biobank of genetic material. The goal is to accelerate research discoveries to find new treatment options and ultimately a cure. Parkinson Canada and Brain Canada funded the first phase which got underway in 2018.



2. Partnering with Parkinson Canada to ensure Canadians with Parkinson's and care partners are supported through their journey by ensuring equitable, timely and affordable access to:

- Early and accurate diagnosis;
- Specialized, multidisciplinary care;
- Drug treatments, exercise and other therapeutic options;
- Care partner supports that target financial security, workplace flexibility, health and wellbeing;
- Home and community care;
- Long-term care;
- Income supports (e.g. Disability Tax Credit);
- Palliative and end-of-life care options.

If elected, we ask that you join us in being a champion for Canadians impacted by Parkinson's disease by investing in

discoveries for tomorrow and help for today.



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