

RESEARCH PARTICIPANTS NEEDED!

STUDY TITLE: MENOPAUSE AND CAREGIVING: A QUALITATIVE EXPLORATION

What the study involves:

- 45-60 minute audio recorded virtual interview in English exploring your menopausal symptoms and their impact on your life, activities of daily living, and caregiving responsibilities.



You may be eligible to participate if you...

- Are at menopause (defined as 12 months after final menstrual cycle) and up to five years post menopause.
- Have not received a hysterectomy or other interventions that induced menopause.
- Are a caregiver to a spouse, parent/in-law, or adult child who has a disability or is chronically ill. A caregiver is defined as someone who assists with any activity [e.g. toileting, dressing, cooking, banking, transportation, etc.] at least once per week for the past 6+ months without financial compensation.

Benefits include:

- Supporting the development of occupational therapy clinical practice.
- Promoting increased awareness about menopause.



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Contact us if you want to
participate!

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