

YES NO

CHECKLIST



- Are you tired most of the day?
- Do you have numbness, tingling or aching?
- Are you often constipated?
- Have you or your care partner noticed changes in your thinking, e.g., solving problems or remembering things?
- Have people mentioned they have difficulty understanding you when you speak?
- Do you have problems swallowing or choking on your food?
- Have you suddenly “dozed off” while engaged in an activity (e.g., eating a meal or having a conversation)?
- Has your handwriting changed in the last 6 months?
- Have you fallen down in the last 6 months? If so, how many times?
- Do you “freeze” (stop suddenly) when walking?
- Have you or your care partner noticed changes in your ability to drive the car?
- Has your partner noticed you are having violent dreams?
- Do you feel sad for several days at a time?
- Are you experiencing changes with sexual function (e.g., no interest/performance/or “hyper” interest)?
- Do your medications take a longer time before they start working?
- Have you noticed your medications work for a shorter period of time?
- Do you have urinary problems?
- Do you feel light-headed or dizzy when you get up from a chair or bed?
- Have you or your care partner noticed that you are shopping more often or have a keen desire to buy lottery tickets or to play slot machines?
- Have you noticed a change in your sense of smell?